



## District Nursing Service

### Am I housebound?

Please remember that the district nursing service is first and foremost a service for people who are housebound.

There may be occasions when it would be more appropriate for you to receive care in your own home even if you are not housebound. If this is the case, the district nurse will discuss this with you.

A person is deemed to be housebound when they are unable to leave their home environment through physical and/ or psychological illness. A person is not housebound if he/she is able to leave their home environment with minimal assistance

### What do we do?

The district nursing service provides nursing care to people in their own homes. The following are examples of the types of care district nurses provide.

- Palliative and end of life care
- Complex assessment of health needs & promotion of independence
- Acute & chronic disease management - with nursing requirements.
- Wound assessment & care
- Leg ulcer management
- Post operative care
- Pain management
- Prescribe & administer medications & treatments where appropriate
- Health Promotion/ advice
- Continence advice
- General Support and advice regarding other services

**We cannot** Deliver equipment, prescriptions or continence products

We do not provide a venepuncture service (taking of blood) unless this is associated with Nursing needs.

*You can expect to be treated with dignity and respect by your District Nursing Team. In return, it is expected that you will treat your district nurse with the same respect. Please note that we adopt a "zero tolerance" approach. Patients who abuse district nurses either verbally or physically may have their care withdrawn.*

**When do we visit?**

We will visit on an agreed day, but due to the nature of our work it is usually not possible to provide a specific time. However, some procedures may require us to visit at a regular time and this will be arranged with you.

The District Nursing Service is not an emergency service. If you require urgent medical attention you are advised to contact your GP, NHS 24 (08454 242424) or dial 999.

**Your District Nursing Team are:**

District nursing sister Jane kenyon

Staff nurse Ishbel MacLennan

Staff nurse Angela Harvey

Staff nurse Caroline MacDonald

**Contacting Your District Nurse**

Monday to Friday 8.30am -4.30pm      0141 531 8926

**Please note:**

The district Nurse may be out on visits when you phone. Please leave a message on the answer phone with your;

**Name**

**Address**

**Telephone number**

**Doctor's name**

**Why you are phoning**